

Bipolar Disorder

Lori A. Futterman R.N.,Ph.D.

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This condition is sometimes referred to as “manic depressive.” Here the person has both depressive and manic symptoms. You might have periods of significant sadness, followed by episodes of having a very high mood. You might be extremely low for a period of time and then notice a rapid acceleration in your general emotional makeup, which persists for another period. Your symptoms may be the opposite of those listed above. This disorder is equally common in women and men (about 1% each) throughout their lifetimes, but women experience rapidly alternating Bipolar Disorder more often than men do.

Lori A. Futterman RN, Ph.D.

591 Camino de la Reina Ste 705

San Diego Ca. 92108

Drlorifutterman.com

laf1@cox.net

619-297-3311(voice)

619-294-3322(fax)